



Daily Fundamentals® System (All skin types)

All KYRA® Anti-Aging Skin Solution products were designed for deep cleansing and all round environmental protection. Every skin type, from the most dry- to the most sensitive- to the most problematic- may use this program. Other KYRA® products may be added to this fundamental program for enhanced benefits.

Sections in italics are optional booster steps, once skin is accustomed to the regular treatment steps.

Morning and night daily	Step	Product	Using the products	Benefits to your skin and health
	Step 1: Gentle clarifying cleanser	crystal clear® Hydrating cleanser & Toxin trap	Express a few drops onto fingertips or soft washcloth. Lather the skin with a little water and rinse off.	Deeply cleanses without stripping natural moisture. Removes heavy metals, environmental toxins and biological impurities, toning the complexion. Also suitable for shaving after first preparing the beard or stubble with diamond dust (see Daily Exfoliation System for usage and benefits.)
	Step 2: Hydrating Spin Trap	radical approach® Intelligent antioxidant cocktail	Spritz or dab on face after cleansing or any time you feel like a pick-me-up.	Tones and re-hydrates with super-saturating Heavy Water – the ‘oil-free moisturizer’. Neutralizes free radicals, one of the main causes of aging as well as eliminating topical bacteria. Also great as aftershave.
	<i>Step 2a: (Optional) anti-aging serum protein</i>	<i>special fx® Cellular booster</i>	<i>After cleansing and toning, apply a few drops to fingertips and smooth over face. Once absorbed, apply step 3.</i>	<i>Boosts the effectiveness of our other products. Contains a potent blend of age-defying nutrients, moisturizers, repair factors and tissue strengtheners like vitamins C, E and retinol, serum protein and D-glucuronic acid.</i>
	Step 3: Repair Cream & protective shield	mellow yellow® Skin food & epidermal booster	Massage gently onto face after thoroughly cleansing and toning.	Provides a physical sun block to prevent the signs of aging and deep nourishes with next generation tissue strengtheners, cell renewal factors and moisturizers. The ideal ‘repair’ cream after a mild peel or exfoliation.